



Every contribution counts!

Reduce hot water consumption

When you turn on a tap in the kitchen or bathroom, do you ever think about how the water is heated? In every second household of the 41 million private households in Germany, this is done with natural gas. This means that the savings potential available here is quite substantial. The following tips will help you to exploit this potential

1 Save energy and water when you take a shower

A water-saving shower head reduces consumption and costs by as much as 30 per cent. It mixes air with the water flow, making it appear to have more volume. As a result, your showering experience is not impaired. Low-flow shower heads are also very easy to install yourself.

The current shortage of natural gas means that saving energy is more necessary now than ever before. And every contribution, no matter how small, helps. It is good for the climate and is a step towards independence from fossil fuels. Hot water and the energy required to heat the water can be reduced with little effort in every household. This is good for the environment and your wallet.

2 Take a shower instead of a bath

When you take a shower, you normally use only a third of the amount of water you would need for a bath. This depends on how long you shower for, of course. If you shower for no longer than five minutes and also lower the water temperature, you will not only save hot water, but also the amount of gas needed to heat it up. And don't forget: turn off the water while you soap yourself, in addition to shortening the shower time.

More information can be found on the website of the [» 80 Million Together for the Energy Shift](#) campaign.

3 Use cold water more frequently

Why not wash your hands with cold water? Soap will remove the dirt just as effectively. Fruit and vegetables should also be washed in cold water. Another kitchen tip: it is better to use the dishwasher than washing dishes by hand. This is the more sustainable option and cuts energy consumption by as much as 50 per cent and water consumption by 30 per cent.